

Fifth Annual



Heads Held High

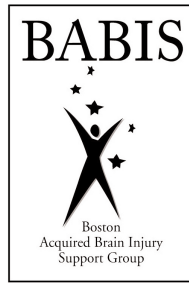
Brain Injury Awareness Walk

Saturday, Oct. 13, 2007

Jamaica Pond ■ Jamaica Plain

2007 Honorary Chairs:

Suzanne and Bill Doswell, Brain Injury Advocates



BABIS is a Support Group of the BIA-MA

We also offer a family, caregiver group.

The group meets the first Saturday of every month at Spaulding Rehabilitation Hospital from 10:00 to 12:00.

The mission of BABIS is to provide a positive forum for peer socialization, hope, and education for people with acquired brain injury, their families and their friends. For more information, contact Sally Johnson, LICSW at 617. 573.2539 or e-mail BABIS1@comcast.net.

about BIA-MA

The Brain Injury Association of Massachusetts educates the public about brain injury; offers a variety of prevention programs; supports survivors and families with resources and a support group network; provides professional conferences; advocates for prevention initiatives, services and legislation for people with brain injuries. BIA-MA is a state affiliate of the Brain Injury Association of the United States – and is celebrating its 25th year in 2007.



2007 Event Sponsors

CRC
COMMUNITY REHAB CARE

Newton - Medford - Quincy

The MENTOR ABI Group
Center for Comprehensive Services
Acquired Brain Injury Rehabilitation



SPAULDING
REHABILITATION
HOSPITAL
NETWORK



Franciscan Hospital
for Children

about BABIS

BABIS was started in January 2001 by a multidisciplinary group of clinicians as well as families and survivors. It is a community support group for people of all ages who have sustained a brain injury. We

Getting There

MBTA

By Subway: Take Orange Line towards Forest Hills, and exit at Green Street Stop. Come upstairs to Green Street. Turn left and walk straight to Center Street and follow Myrtle Street to Pond Street. Turn left and cross the Jamaica way to Jamaica Pond.

By Bus: #39 runs from Back Bay Station to Forest Hills Station. Exit the bus at Pond Street. Walk straight up Pond Street to the Jamaica way. Cross over to Jamaica Pond.

Driving

From Route 9 take Route 1 South/Jamaicaway through 3 sets of lights to Pond Street. Look for volunteers. We encourage you to carpool or take public transportation.

The Ride

Street address of the Jamaica Pond Boat House is 507 Jamaica Way.

Visit our web site:

www.BABIS.info

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join us

Bring your family, friends, neighbors and pets for a 1.5 mile paved walk, stroll, or roll around Jamaica Pond. The day promises to be fun for everyone!

Prizes ■ Entertainment ■ Snacks

There are lots of ways to get involved. Here's how:

Register to Walk

A \$10 donation includes a Tee Shirt or Baseball Hat (while supplies last).

Collect Walk Sponsors

Sponsor a Walker

Volunteer

Contact Maureen Butler at 800.669.7266 ext. 2114, or email at babis1@comcast.net.

Buy a t-shirt or baseball cap for \$10.

Make a donation.

Make checks payable to:
Spaulding/BABIS
Spaulding Rehab Hospital
c/o Sally Johnson
125 Nashua Street
Boston MA 02114

Proceeds from Heads Held High will help support the work of the Boston Acquired Brain Injury Support Group (BABIS), the Brain Injury Association of Massachusetts, and The Alan Cromer Literacy Fund.

walk

stretch your imagination
raise your awareness
reach out for change

Over 350 people came together last year for a walk around the Pond that helped raise awareness about the silent epidemic that affects thousands of adults and children each year in the US. Join us this year because:

- Every 21 seconds, someone in the US sustains a traumatic brain injury.
- More than 50,000 people die every year as a result of traumatic brain injury.
- Each year in Massachusetts alone, over 32,500 people receive emergency room treatment for traumatic brain injuries. Annually, over 500 die.
- An estimated 5.3 million Americans – a little more than 2% of the population – currently live with disabilities resulting from brain injury.
- Soldiers/Veterans: Traumatic Brain Injuries, and blast injury, are the signature injuries of our soldiers wounded in the current war in Iraq and Afghanistan. They, and their families, will need specialized education, treatment and supports.

